## FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  PEARSON J EDWARD  (Last) (First) (Middle)  209 10TH AVE. SOUTH						Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [ HSTM ]      Date of Earliest Transaction (Month/Day/Year) 10/21/2013									is. Relationship of Reporting Person(s) to I Check all applicable) Director 10% ( X Officer (give title below) Senior Vice President				
SUITE 450 (Street) NASHVILLE TN 37203 (City) (State) (Zip)					-	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person													on
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye					ion	2A. De Execu	eemed	d	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			5. Amo Securit Benefic		unt of es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price			ction(s)		(Instr. 4)	
Common Stock 10/21/201						3			M		7,000	A \$3.		39	16,905			D	
Common Stock 10/21/201					013	.3			S		7,000(1)	D	\$38.20	38.2057(2)		9,905		D	
		7	able								sposed of s, converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execu if any	eemed Ition Date, h/Day/Year)	4. Transa Code ( 8)				6. Date Expira (Month	tion D			of es ing ve Securi	De Se (Ir	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership ct (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amou or Numb of Share	er					
Employee Stock Option (right to	\$3.39	10/21/2013			M			7,000	06/14/	2009	06/14/2014	Common Stock	n 7,00	00	\$0.00	9,742		D	

## **Explanation of Responses:**

- 1. The sales reported in this Form 4 were affected pursuant to a Rule 10b5-1 sales plan adopted by the reporting person on March 20, 2013.
- 2. This transaction was executed in multiple trades at prices ranging from \$37.80 to \$39.60. The price reported above reflects the weighted average sale price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.

## Remarks:

J. Edward Pearson

10/22/2013

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.