SEC Form 4	
------------	--

FORM 4

obligations may continue. See

Instruction 1(b)

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>O'Hara Kevin P</u>						2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 500 11TH AVENUE NORTH						3. Date of Earliest Transaction (Month/Day/Year) 03/25/2024										below)	er (give title v) Senior Vice Pr		Other (s below) esident	specify	
SUITE 1000																6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) NASHVILLE TN 37203					-	X Form filed by One Reporting Person Form filed by More than One Reporting Person															
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication															
			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																		
		Tab	le I - No	n-Deriv	vative	Se	curiti	ies Ac	cqu	uired,	Dis	posed o	of, or E	ene	eficial	ly Owne	d				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						r) E	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transac Code (li 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				Benefic Owned	es Fo ially (D Following (I)		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
								v	Amount (A) or (D)		or	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)				
Common Stock Holding 03/25/2						2024			М		5,353(1)		1	\$ <mark>0</mark>	13	13,831		D			
Common Stock Holding 03/25/2						2024			F		1,304 ⁽²⁾ D)	\$26 .4	3 12	12,527		D			
		T	able II -									osed of converti				/ Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,		ransaction Code (Instr.		of		6. Date Exercisa Expiration Date (Month/Day/Yea)	7. Title and Amount of Securities Underlying Derivative Se (Instr. 3 and 4			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)		ate xercisabl		Expiration Date	Title	OI N Of	umber						
Restricted Share Units	\$0 ⁽³⁾	03/25/2024			М			1,565		(4)		(5)	Commo Stock	ⁿ 1	,565	\$0	1,825		D		
Restricted Share Units	\$0 ⁽³⁾	03/25/2024			М			984		(6)		(5)	Commo Stock	n	984	\$0	3,199		D		
Restricted Share	\$0 ⁽³⁾	03/25/2024			м			343		(7)		(5)	Commo	n	343	\$0	1,943		D		

Explanation of Responses:

\$0⁽³⁾

1. Shares acquired on vesting of restricted share units.

03/25/2024

2. Shares withheld for payment of tax liability.

3. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.

М

4. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 17, 2022, 20% vest on March 17, 2023, 30% vest on March 17, 2024, and the remaining 35% vest on March 17, 2025.

(8)

2 461

5. Not applicable.

Units Restricted

Share

Units

6. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 23, 2023, 20% vest on March 23, 2024, 30% vest on March 23, 2025, and the remaining 35% vest on March 23, 2026.

7. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 22, 2024, 20% vest on March 22, 2025, 30% vest on March 22, 2026, and the remaining 35% vest on March 22, 2027.

8. Vesting of these RSUs is contingent upon continued service at the time of vesting and the achievement of certain performance criteria. The performance criteria will be established on an annual basis by the Compensation Committee of the Board of Directors. Up to 15% vest on March 23, 2023 for the period January 1, 2022 through December 31, 2022; up to 20% vest on March 23, 2024 for the period January 1, 2023 through December 31, 2023; up to 20% vest on March 23, 2025 for the period January 1, 2024 through December 31, 2024; up to 20% vest on March 23, 2025 through December 31, 2025; and up to 25% vest on March 23, 2027 for the period January 1, 2026 through December 31, 2026. Vesting is determined based on actual performance. The performance criteria for the period January 1, 2023 through December 31, 2023 through December 31, 2023 as achieved; therefore 20% of the awards vested on March 23, 2024.

/s/ Kevin P. O'Hara

** Signature of Reporting Person

Comm

Stock

2,461

\$<mark>0</mark>

7,997

D

(5)

03/25/2024 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.