FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
1	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name at Sousa (Last)		2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM] 3. Date of Earliest Transaction (Month/Day/Year) 03/18/2013									(Ch	Direct Office below	ationship of Reporting Pe k all applicable) Director Officer (give title below) Senior Vice P		10% Owner Other (specify below)					
209 10TH AVE. SOUTH SUITE 450					4. If Amendment, Date of Original Filed (Month/Day/Year)									6.11	6. Individual or Joint/Group Filing (Check Applicable					
(Street) NASHV	ILLE T	'N	37203		The state of the s									Line	E) X Form Form					
(City)	()	State)	(Zip)												1 0100					
		Tab	le I - Non-	-Deriva	tive	Seci	uritie	s Acq	juired, I	Disp	osed o	of, or E	3ene	eficial	ly Owne	d				
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		r) Ex	2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.					Securiti Benefic	urities neficially ned Following		n: Direct r Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v			Amount	t (A) or (D) Price		Price	Transac (Instr. 3	tion(s)			(111511.4)			
Common	Stock														7,	725		D		
		7	āble II - D (e						ired, Di options						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D if any (Month/Day/	ate, Tr	4. Transaction Code (Instr. 8)		n of		5. Date Exe Expiration I Month/Day	Date		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
				Code	ode \	v	(A)		Date Exercisable		xpiration ate	Title	OI No	umber						
Restricted Stock	\$0.00 ⁽¹⁾	03/18/2013			A		3,750		(2)		(3)	Commo Stock		3,750	\$0.00	3,750		D		

Explanation of Responses:

- 1. Each restricted stock unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.
- 2. The RSU's are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 18, 2014, 20% vest on March 18, 2015, 30% vest on March 18, 2016, and the remaining 35% vest on March 18, 2017.
- 3. Not applicable.

Remarks:

03/19/2013 Michael Sousa

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.