SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

o	MB Number:	3235-0287						
E	Estimated average burden							
ho	ours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SHMERLING MICHAEL D			2. Issuer Name and Ticker or Trading Symbol <u>HEALTHSTREAM INC</u> [HSTM]		lationship of Reporting Person(s) to Issuer ck all applicable) Director 10% Owner			
(Last) 500 11TH AVEI	(First) NUE NORTH	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/11/2020		Officer (give title below)	Other (specify below)		
SUITE 1000			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) NASHVILLE	TN	37203		X	Form filed by One Repo Form filed by More than Person			
(City)	(State)	(Zip)						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock								116,250	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of Derivative 9. Number of 10. 11. Nature 4. Transaction Code (Instr. 8) Conversion or Exercise Execution Date, if any Amount of Securities Underlying Ownership Form: of Indirect Beneficial Derivative Date (Month/Day/Year) Expiration Date (Month/Day/Year) derivative Derivative Security (Instr. 3) Security (Instr. 5) Securities Price of Derivative Security (Month/Dav/Year) Securities Beneficially Direct (D) Ownership Acquired (A) or Disposed Derivative Sec (Instr. 3 and 4) Owned Following or Indirect (I) (Instr. 4) Security (Instr. 4) Reported of (D) (Instr. 3, 4 Transaction(s) (Instr. 4) and 5) Amount or Number Expiration Date Date Exercisable of Shares (D) Code ν (A) Title Restricted Comme Share **\$0.00**⁽¹⁾ (3) 03/11/2020 A 2,836 2,836 \$0.00 2,836 D Stock Units

Explanation of Responses:

1. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.

2. The RSUs are subject to a three year vesting schedule, contingent upon continued service at the time of vesting. The RSUs vest annually beginning March 11, 2021 in three equal installments.

3. Not applicable.

Remarks:

Michael D. Shmerling

03/12/2020 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

** Signature of Reporting Person