UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

| FORM 8-K | |
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CURRENT REPORT
Pursuant to Section 13 or 15(d) of the
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 8, 2019 (April 6, 2019)

HealthStream, Inc.

(Exact name of registrant as specified in its charter)

Tennessee (State or Other Jurisdiction of Incorporation) 000-27701 (Commission File Number) 62-1443555 (I.R.S. Employer Identification No.)

500 11th Avenue North, Suite 1000, Nashville, Tennessee 37203 (Address of principal executive offices) (Zip Code)

> (615) 301- 3100 (Registrant's telephone number, including area code)

Not Applicable (Former name or former address, if changed since last report)

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| follo | Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the wing provisions (see General Instruction A.2. below): |
| | Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) |
| | Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) |
| | Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) |
| | Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) |
| this o | Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter). |
| | Emerging growth company $\ \square$ |
| any r | If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. |

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On April 6, 2019, Dale Polley notified HealthStream, Inc. (the "Company") that he has decided not to stand for re-election to the Company's Board of Directors (the "Board") as a Class I director at the Company's 2019 annual meeting of stockholders, and to retire from service on the Board effective concurrently with this annual meeting. Mr. Polley's decision not to stand for re-election and retire from the Board is not the result of any disagreement with the Company.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

Date: April 8, 2019 HEALTHSTREAM, INC.

By: /s/ Michael M. Collier

Michael M. Collier Senior Vice President, Business Development and General Counsel