## FORM 4

## **UNITED STATE**

Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Sousa Michael						2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [ HSTM ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify					
(Last) (First) (Middle) 500 11TH AVENUE NORTH SUITE 1000					3. Date of Earliest Transaction (Month/Day/Year) 09/27/2024										Officer (give title Other (specify below)  Executive Vice President					
(Street) NASHVILLE TN 37203  (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)  Form filed by One Reporting Person  Form filed by More than One Reporting Person  Person					
		Tabl	le I - Noi	n-Deriv	ative	Se	curitie	es Ac	quired,	Dis	posed (	of, or E	enef	icial	ly Owne	d				
Date					ate lonth/Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.				4 and Securi		es ally Following	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount	(A) or (D) Pri		rice	Transac	Transaction(s) (Instr. 3 and 4)							
Common	Stock Hold	/2024			M		527(1	527 <sup>(1)</sup> A		\$ <mark>0</mark>	53,342		D							
Common Stock Holding 09/27/2							2024		F		152(2	) [	)   \$	28.3	1 53	53,190		D		
		Т	able II -						uired, D , optior						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr 8)		5. Number of		6. Date Ex Expiration (Month/Da	ercis:	7. Title and Amount of		nd of es ing ve Sec		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ov Fo Dir or (I)	vnership rm: ect (D) Indirect (Instr. 4)	11. Nature of Indirec Beneficia Ownershi (Instr. 4)	
					Code	v	(A)		Date Exercisab		xpiration ate	Title	or	ount nber res						
Restricted Share	\$0 <sup>(3)</sup>	09/27/2024		T	M			527	(4)		(5)	Commo	5	27	\$0	2,988		D		

## **Explanation of Responses:**

- 1. Shares acquired on vesting of restricted share units.
- 2. Shares withheld for payment of tax liability.
- 3. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.
- 4. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on September 20, 2024, 20% vest on September 20, 2025, 30% vest on September 20, 2026, and the remaining 35% vest on September 20, 2027.
- 5. Not applicable.

/s/ Michael Sousa

10/01/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.