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FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-028

Estimated average burden hours per response: 0.5

| Check this box if no longer subject to |
|--|
| Section 16. Form 4 or Form 5           |
| obligations may continue. See          |
| Instruction 1(h)                       |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|   |   |     |   |          | _                                    | _  |  |       |  | _                        |                  |                                     | _  |                 |  |  | _             |  |  |  |  |  |
|---|---|-----|---|----------|--------------------------------------|--|--|-------|--|--------------------------|------------------|-------------------------------------|--|-----------------|--|--|---------------|--|--|--|--|--|
| 1. Name and Address of Reporting Person*  PERNER FRED |   |     |   |          |                                      | 2. Issuer Name <b>and</b> Ticker or Trading Symbol HEALTHSTREAM INC [ HSTM ] |  |       |  |                          |                  |                                     |  | (Ch             | elationship<br>eck all appli<br>Directo  | wner   |               |  |  |  |  |  |
| (Last) (First) (Middle) 209 10TH AVE. SOUTH SUITE 450 |   |     |   |          |                                      | 3. Date of Earliest Transaction (Month/Day/Year) 04/01/2004                  |  |       |  |                          |                  |                                     |  |                 | X Officer (give title Other (specify below) Sr. Vice-President   |  |               |  |  |  |  |  |
| (Street) NASHVILLE TN 37203                           |   |     |   |          | 4. 1                                 | 4. If Amendment, Date of Original Filed (Month/Day/Year)                     |  |       |  |                          |                  |                                     |  |                 | 6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting |  |               |  |  |  |  |  |
| (City) (State) (Zip)                                  |   |     |   |          |                                      |  |  |       |  |                          |                  |                                     |  |                 | Person   |  |               |  |  |  |  |  |
|   |   | Tab | le I - No                                     | n-Deriv  | ative                                | e Se   | curiti   | es A  | cquired,   | Disp                     | osed             | of, or B                            | enef   | icial           | y Owne   | d  |               |  |  |  |  |  |
| Date<br>(Month/L                                      |   |     |   |          | (Month/Day/Year)                     |  | 2A. Deemed<br>Execution Date<br>if any<br>(Month/Day/Yea |       | Code (I  | Transaction Code (Instr. |                  |                                     |  |                 | Benefic  | es<br>ally<br>Following  | Forn<br>(D) o | n: Direct<br>or Indirect<br>nstr. 4)                                     | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership                |  |  |  |
|   |   |     |   |          |                                      |  |  |       | Code   | v                        | Amount           | (D)                                 |  | rice            | Transac<br>(Instr. 3   | Transaction(s)<br>(Instr. 3 and 4)   |               |  | (Instr. 4)   |  |  |  |
| Common Stock 04/01/2  Table II - Derivativ            |   |     |   |          |                                      |  |  | 1/200 |  | iene                     | 2,50             |                                     |  | \$0.85          |  | 15,375 D   |               |  |  |  |  |  |
|   |   | '   | abie ii -                                     | (e.g., p | uts,                                 | call   | s, wa  | rrant | s, option  | s, c                     | onverti          | ible sec                            | uriti  | es)             | Owned  |  |               |  |  |  |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security |     | 3A. Deeme<br>Execution<br>if any<br>(Month/Da | Date,    | 4.<br>Transactio<br>Code (Inst<br>8) |  |  |       | 6. Date Exercisal<br>Expiration Date<br>(Month/Day/Year) |                          |                  | of Securi<br>Underlyir<br>Derivativ | 7. Title and Amou<br>of Securities<br>Inderlying<br>Derivative Securi<br>Instr. 3 and 4) |                 | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)  | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) |               | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |  |  |
|   |   |     |   |          | Code                                 | v  | (A)  | (D)   | Date<br>Exercisable                                      |                          | xpiration<br>ate | Title                               | Amo<br>or<br>Nun<br>of<br>Sha  |                 |  |  |               |  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$5.42  |     |   |          |                                      |  |  |       | 07/01/2001   | . 07                     | //01/2008        | Common<br>Stock                     | 8,7  | <sup>7</sup> 50 |  | 8,750  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$5.42  |     |   |          |                                      |  |  |       | 07/01/2002   | . 07                     | //01/2008        | Common<br>Stock                     | 8,7  | <sup>7</sup> 50 |  | 8,750  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$5.42  |     |   |          |                                      |  |  |       | 07/01/2003   | 07                       | 7/01/2008        | Common<br>Stock                     | 8,7  | 750             |  | 8,750  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$5.42  |     |   |          |                                      |  |  |       | 07/01/2004   | 07                       | 7/01/2008        | Common<br>Stock                     | 8,7  | <sup>7</sup> 50 |  | 8,750  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$2.125   |     |   |          |                                      |  |  |       | 10/17/2001   | . 10                     | )/17/2008        | Common<br>Stock                     | 7,0  | 000             |  | 7,000  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$2.125   |     |   |          |                                      |  |  |       | 10/17/2002   | 10                       | )/17/2008        | Common<br>Stock                     | 7,0  | 000             |  | 7,000  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)      | \$2.125   |     |   |          |                                      |  |  |       | 10/17/2003   | 10                       | )/17/2008        | Common<br>Stock                     | 7,0  | 000             |  | 7,000  |               | D  |  |  |  |  |
| Employee<br>Stock<br>Option                           | \$2.125   |     |   |          |                                      |  |  |       | 10/17/2004   | 10                       | )/17/2008        | Common<br>Stock                     | 7,0  | 000             |  | 7,000  |               | D  |  |  |  |  |

| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |   |  |   |   |   |   |     |  |                    |   |  |   |  |  |  |
|--|---|--|---|---|---|---|-----|--|--------------------|---|--|---|--|--|--|
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |   | 5. Number<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |     | 6. Date Exercisable and<br>Expiration Date<br>(Month/Day/Year) |                    | 7. Title and Amount<br>of Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|  |   |  |   | Code                                    | v | (A)   | (D) | Date<br>Exercisable  | Expiration<br>Date | Title   | Amount<br>or<br>Number<br>of<br>Shares |   |  |  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.1   |  |   |   |   |   |     | 09/17/2001   | 09/17/2009         | Common<br>Stock   | 25,000                                 |   | 25,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.1   |  |   |   |   |   |     | 09/17/2002   | 09/17/2009         | Common<br>Stock   | 25,000                                 |   | 25,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.1   |  |   |   |   |   |     | 09/17/2003   | 09/17/2009         | Common<br>Stock   | 25,000                                 |   | 25,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.1   |  |   |   |   |   |     | 09/17/2004   | 09/17/2009         | Common<br>Stock   | 25,000                                 |   | 25,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.315   |  |   |   |   |   |     | 04/16/2004   | 04/16/2011         | Common<br>Stock   | 12,500                                 |   | 12,500   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.315   |  |   |   |   |   |     | 04/16/2005   | 04/16/2011         | Common<br>Stock   | 12,500                                 |   | 12,500   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.315   |  |   |   |   |   |     | 04/16/2006   | 04/16/2011         | Common<br>Stock   | 12,500                                 |   | 12,500   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$1.315   |  |   |   |   |   |     | 04/16/2007   | 04/16/2011         | Common<br>Stock   | 12,500                                 |   | 12,500   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$2.69  |  |   |   |   |   |     | 02/19/2005   | 02/19/2012         | Common<br>Stock   | 10,000                                 |   | 10,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$2.69  |  |   |   |   |   |     | 02/19/2006   | 02/19/2012         | Common<br>Stock   | 10,000                                 |   | 10,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$2.69  |  |   |   |   |   |     | 02/19/2007   | 02/19/2012         | Common<br>Stock   | 10,000                                 |   | 10,000   | D  |  |
| Employee<br>Stock<br>Option<br>(right to<br>buy)   | \$2.69  |  |   |   |   |   |     | 02/19/2008   | 02/19/2012         | Common<br>Stock   | 10,000                                 |   | 10,000   | D  |  |

## **Explanation of Responses:**

 $1.\ Exempt\ acquisition\ pursuant\ to\ Rule\ 16b-3(c)\ -\ Health Stream,\ Inc.\ Employee\ Stock\ Purchase\ Plan.$ 

## Remarks:

Fred Perner

04/01/2004

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).