SEC Form 4	
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB Number:	3235-0287										
	Estimated average burden											
l	hours per response:	0.5										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person <sup>*</sup> McQuigg Michael Scott						2. Issuer Name and Ticker or Trading Symbol <u>HEALTHSTREAM INC</u> [ HSTM ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) 500 11T			3. Date of Earliest Transaction (Month/Day/Year) 03/25/2024									X Officer (give title Other (specify below) below) Senior Vice President								
SUITE 1000					4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) NASHVILLE TN 37203															X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)						Rule 10b5-1(c) Transaction Indication         Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tab	le I - No	n-Deriv	vative	e Se	curiti	ies A	cquired,	Dis	posed o	of, or Be	eneficia	lly Owne	d					
1. Title of Security (Instr. 3)					th/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		Code (Inst				ed (A) or str. 3, 4 an	Benefic Owned	ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) o (D)	r Price	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)		
Common	Stock Hold	ling		03/25	5/2024				М		7,182	<sup>(1)</sup> A	\$0	22	2,608		D			
Common	03/25	/2024	2024		F		1,749	<sup>(2)</sup> D \$2		20,859			D							
		т	able II -						quired, E s, optioi					y Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executior if any (Month/Da	Date,		5. Number 6. ansaction of Ex			6. Date Exercisable and Expiration Date (Month/Day/Year) Underlyi			of s ig e Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisat		Expiration Date	Title	Amount or Number of Shares							
Restricted Share Units	\$0 <sup>(3)</sup>	03/25/2024			М			1,829	(4)		(5)	Common Stock	1,829	\$0	0		D			
Restricted Share Units	\$0 <sup>(3)</sup>	03/25/2024			М			1,565	(6)		(5)	Common Stock	1,565	\$ <b>0</b>	1,825	;	D			
Restricted Share Units	\$0 <sup>(3)</sup>	03/25/2024			М			984	(7)		(5)	Common Stock	984	\$0	3,199	,	D			
Restricted Share Units	\$0 <sup>(3)</sup>	03/25/2024			М			343	(8)		(5)	Common Stock	343	\$0	1,943		D			
Restricted Share Units	\$0 <sup>(3)</sup>	03/25/2024			М			2,461	(9)		(5)	Common Stock	2,461	\$0	7,997		D			

## Explanation of Responses:

1. Shares acquired on vesting of restricted share units.

2. Shares withheld for payment of tax liability.

3. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.

4. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 11, 2021, 20% vest on March 11, 2022, 30% vest on March 11, 2023, and the remaining 35% vest on March 11, 2024.

## 5. Not applicable.

6. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 17, 2022, 20% vest on March 17, 2023, 30% vest on March 17, 2024, and the remaining 35% vest on March 17, 2025.

7. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 23, 2023, 20% vest on March 23, 2024, 30% vest on March 23, 2025, and the remaining 35% vest on March 23, 2026.

8. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 22, 2024, 20% vest on March 22, 2025, 30% vest on March 22, 2026, and the remaining 35% vest on March 22, 2027.

9. Vesting of these RSUs is contingent upon continued service at the time of vesting and the achievement of certain performance criteria. The performance criteria will be established on an annual basis by the Compensation Committee of the Board of Directors. Up to 15% vest on March 23, 2023 for the period January 1, 2022 through December 31, 2022; up to 20% vest on March 23, 2024 for the period January 1, 2023 through December 31, 2023; up to 20% vest on March 23, 2025 for the period January 1, 2024 through December 31, 2024; up to 20% vest on March 23, 2025 through December 31, 2025; and up to 25% vest on March 23, 2027 for the period January 1, 2026 through December 31, 2026. Vesting is determined based on actual performance. The performance criteria for the period January 1, 2023 through December 31, 2023 through December 31, 2023 as achieved; therefore 20% of the awards vested on March 23, 2024.

/s/ M. Scott McQuigg

\*\* Signature of Reporting Person

03/25/2024

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.