FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB	APP	'RO	/AL

OMB Number: 3235-0287 December 31, 2014 Expires:

hours per

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Section 16.	box if no longer subject to Form 4 or Form 5 may continue. See 1(b).		ENT OF CHANGES IN BENEFICIAL OWNERSHIP iled pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Expires: Estimated average burden hours per response:												
	ddress of Reporting Person		HEAI	r Name and Ticker	M INC	<u> </u>	ISTM]		k all applicable) Director Officer (give			wner (specify			
(Last)	(First)	(Middle)	(Middle) 3. Date of Earliest T 06/06/2003					ay/ Year)		A	below) Vice President	President, General Cou		,	
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing Line) X Form filed by One Report												
(City)	(State)	(Zip)								Form filed by Person	y More t	than One Repo	rting		
		Table I - No	n-Deriva	tive S	ecurities Acq	uired,	Disp	osed of, o	r Bene	eficially	Owned				
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Inst 8)					5. Amount of Securities Beneficially Owned Followi	F	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
						Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			(111001. 4)	
Common Sto	ock		04/04/2	2000		P		11,979	A	2.34	11,979		D		
Common Sto	ock		06/06/2	2003		M		10,000	A	2.125	21,979		D		
Common Stock			06/06/2	2003		S		5,000	D	2.43	16,979		D		
Common Sto	ock		06/06/2	2003		S		5,000	D	2.4	11,979		D		
			(e.g., pu	ts, cal	curities Acqui	optior	ıs, c	onvertible	securi	ties)					
1 Title of 2	3 Transaction	3A Doomod	I 4		5 Number of 6	Data E	vorcie	able and 7 '	Title and	Amount	9 Price of 9 N	lumbar	of I 10	11 Naturo	

(e.g., puts, cails, warrants, options, convertible securities)												44.51.4			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Employee Stock Option (right to buy)	2.34	04/26/1999		A		5,989		04/26/2001	04/26/2006	Common Stock	5,989	\$2.34	5,989	D	
Employee Stock Option (right to buy)	2.34	04/26/1999		A		5,989		04/26/2002	04/26/2006	Common Stock	5,989	\$2.34	5,989	D	
Employee Stock Option (right to buy)	4.06	09/02/1999		A		18,500		09/02/2000	09/02/2007	Common Stock	18,500	\$4.06	18,500	D	
Employee Stock Option (right to buy)	4.06	09/02/1999		A		18,500		09/02/2001	09/02/2007	Common Stock	18,500	\$4.06	18,500	D	
Employee Stock Option (right to buy)	4.06	09/02/1999		A		18,500		09/02/2002	09/02/2007	Common Stock	18,500	\$4.06	18,500	D	
Employee Stock Option (right to buy)	4.06	09/02/1999		A		18,500		09/02/2003	09/02/2007	Common Stock	18,500	\$4.06	18,500	D	
Employee Stock Option (right to buy)	2.125	10/17/2000		A		5,000		10/17/2001	10/17/2008	Common Stock	5,000	\$2.125	5,000	D	
Employee Stock Option (right to buy)	2.125	10/17/2000		A		5,000		10/17/2002	10/17/2008	Common Stock	5,000	\$2.125	5,000	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security			3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Employee Stock Option (right to buy)	2.125	10/17/2000		A		5,000		10/17/2003	10/17/2008	Common Stock	5,000	\$2.125	5,000	D	
Employee Stock Option (right to buy)	2.125	10/17/2000		A		5,000		10/17/2004	10/17/2008	Common Stock	5,000	\$2.125	5,000	D	
Employee Stock Option (right to buy)	1.35	03/15/2002		A		4,687		03/15/2004	03/15/2010	Common Stock	4,687	\$1.35	4,687	D	
Employee Stock Option (right to buy)	1.35	03/15/2002		A		4,687		03/15/2005	03/15/2010	Common Stock	4,687	\$1.35	4,687	D	
Employee Stock Option (right to buy)	1.35	03/15/2002		A		4,687		03/15/2006	03/15/2010	Common Stock	4,687	\$1.35	4,687	D	
Employee Stock Option (right to buy)	2.125	06/06/2003		М			5,000	10/17/2001	10/17/2008	Common Stock	5,000	\$2.125	0	D	
Employee Stock Option (right to buy)	2.125	06/06/2003		М			5,000	10/17/2002	10/17/2008	10/17/2008	5,000	\$2.125	0	D	

Explanation of Responses:

Robert H. Laird, Jr.

06/09/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).