FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-028							
Estimated average h	nurdon							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

37 hours per response: 0.5

					or	Secti	on 30(h)	of the I	nvestmer	nt Cor	mpany Act	of 19	940									
1. Name and Address of Reporting Person* SHMERLING MICHAEL D					2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]									5. Relationship of Reporting Person(s) to Issu (Check all applicable) X Director 10% Own								
															X							
	RCH STR	, ,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/18/2009										Officer (give title below)			Other (specify below)			
SUITE 200				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable								
(Street)																Line) X Form filed by One Reporting Person						
NASHVILLE TN 37219																	Form filed by More than One Reporting Person					
(City)	(Si	tate) (Zip)																			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed			rities Acquired (A) d Of (D) (Instr. 3,			4 and See Be		ount of ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Direct ndirect	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount		(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		ction(s)			(Instr. 4)			
Common Stock 03				03/18	8/2009		03/18/2009		P		3,500)	A	\$1.	94 112,820		12,820	I)			
		Та									sed of, onvertib				y Ow	ned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/D	n Dat		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)					9. Number of derivative Securities Beneficially Owned Following Reported Transactions (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	m: ect (D) ndirect	Beneficial Ownership t (Instr. 4)		
					Code	\ \ V	(A)	(D)	Date Evercisa		Expiration	Titl	of	nber								

Explanation of Responses:

Remarks:

Michael Shmerling

03/19/2009

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.