FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

/ashington,	D.C.	20549	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average I	ourden								
- 1	hours per response	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     MCLAREN JEFFREY L						2. Issuer Name <b>and</b> Ticker or Trading Symbol HEALTHSTREAM INC [ HSTM ]  5. Relationship of Reporting Person(s) to Issuer (Check all applicable)											uer			
						IIII IIII     IIII								X	Directo	or		10% Ov	vner	
(Last) (First) (Middle) 500 11TH AVENUE NORTH						3. Date of Earliest Transaction (Month/Day/Year) 03/16/2021									Officer below)	(give title		Other (s below)	specify	
SUITE 1000						4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/G									Joint/Group	Filing	g (Check Ap	plicable		
(Street)															Line)  X Form filed by One Reporting Person					
NASHV	ILLE T	N 	37203										Form filed by More than One Reporting Person							
(City)	(5	State)	(Zip)																	
		Tab	le I - Noi	า-Deriv	ative	Se	curitie	s Ac	quired,	Dis	posed c	f, or B	enefi	cially	y Owned	ŀ				
Date				2. Trans Date (Month/I		ar) i	Execution	A. Deemed kecution Date, any lonth/Day/Year)		Transaction Code (Instr. 5		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)	or P	rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 03				03/16	/2021		М		2,610	0 <sup>(1)</sup> D \$		\$0.00	10	10,170		D				
		7	Table II -												Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	ed Date,	Transaction of			6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title at Amount Securitie Underlyit Derivativ (Instr. 3 a			nd of es ng re Secu		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D) or Indirect (I) (Instr.		11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisab		expiration Pate	Title	Ame or Nun of Sha							
Restricted Share Units	\$0.00 <sup>(2)</sup>	03/16/2021			M			879	(3)		(4)	Common Stock	8	79	\$0.00	0		D		
Restricted Share Units	\$0.00 <sup>(2)</sup>	03/16/2021			М			786	(5)		(4)	Common Stock	78	36	\$0.00	787		D		
Restricted Share Units	\$0.00 <sup>(2)</sup>	03/16/2021			M			945	(6)		(4)	Common Stock	94	45	\$0.00	1,891		D		
Restricted Share Units	\$0.00 <sup>(2)</sup>	03/17/2021			A		2,830		(7)		(4)	Common Stock	2,8	30	\$0.00	2,830		D		

## **Explanation of Responses:**

- 1. Shares acquired on vesting of restricted share units.
- 2. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.
- 3. The RSU's are subject to a three year vesting schedule, contingent upon continued service at the time of vesting. The RSU's vest annually beginning March 15, 2019 in three equal installments.
- 4. Not applicable.
- 5. The RSU's are subject to a three year vesting schedule, contingent upon continued service at the time of vesting. The RSU's vest annually beginning March 15, 2020 in three equal installments.
- 6. The RSU's are subject to a three year vesting schedule, contingent upon continued service at the time of vesting. The RSUs vest annually beginning March 11, 2021 in three equal installments.
- 7. The RSU's are subject to a three year vesting schedule, contingent upon continued service at the time of vesting. The RSU's vest annually beginning March 17, 2022 in three equal installments,

## Remarks:

Jeffrey McLaren

\*\* Signature of Reporting Person

03/18/2021 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.