FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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OMB APPR	OVAL								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Sousa Michael						2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]								(Che	5. Relationship of Repr (Check all applicable) Director			10% Ov	vner	
(Last) 500 11TI	`	First)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/20/2024)	below)		ice F	Other (s below) President	ъреспу	
SUITE 1000					4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	ILLE T	N :	37203)		iled by Mor		orting Perso	- 1	
(City)	(\$	State)	(Zip)		Ru	Rule 10b5-1(c) Transaction Indication														
					<u> </u>				defense co							on or written	plan t	hat is intende	d to	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Trans Date (Month/					2A. Deemed Execution D Day/Year) if any (Month/Day			Code (Transaction Dispose Code (Instr. 5)		ities Acquired (A d Of (D) (Instr. 3,		(A) or 3, 4 and	5. Amou Securitie Benefici Owned F Reporte	ally Following	Form (D) o	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	nt (A) o		Price	Transaci (Instr. 3	tion(s)			(Instr. 4)	
Common Stock Holding															48,937			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)				Date,		Transaction Code (Instr. 1 8)		of E		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		xpiration ate	Title	or Nu of	ımber						
Restricted Share Units	\$ 0 ⁽¹⁾	03/20/2024			A		2,800		(2)		(3)	Common	2	,800	\$0	2,800		D		

Explanation of Responses:

- 1. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.
- 2. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 20, 2025, 20% vest on March 20, 2026, 30% vest on March 20, 2027, and the remaining 35% vest on March 20, 2028.
- 3. Not applicable.

/s/ Michael Sousa

03/21/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.