FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPROVAL									
l	OMB Number:	3235-0287								
Estimated average burden										
ı	l	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Cunningham Jeff</u>						2. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 500 11TH AVENUE NORTH						Date 6		st Trans	action (M	1onth/	Day/Year)		X Officer (give title Other (specify below) Chief Technology Officer						
SUITE 1000					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street) NASHVILLE TN 37203													X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)					R	Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Tal	ole I - No	n-Deri	vativ	e Se	curitie	es Ac	quired	, Dis	posed o	f, or Ber	neficiall	y Owned					
1. Title of Security (Instr. 3) 2. Tran Date (Month					2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transa Code (5. Amount of Securities Beneficially Owned Following Reported		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	Amount (A) or (D)		Transact (Instr. 3 a	tion(s)				
				03/2	3/2023				М	1	6,630) A	\$0	20,031		D			
				03/2	3/202	/2023					1,607 ⁽²⁾ D		\$26.2	5 18,	,424		D		
			Table II -								osed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D if any (Month/Day/	Date,	4. Transactic Code (Ins 8)				6. Date Exercis Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	on(s)			
Restricted Share Units	\$0 ⁽³⁾	03/22/2023			A		2,286		(4)		(5)	Common Stock	2,286	\$0	2,286		D		
Restricted Share Units	\$0 ⁽³⁾	03/23/2023			М			1,436	(6)		(5)	Common Stock	1,436	\$0	0		D		
Restricted Share Units	\$0 ⁽³⁾	03/23/2023			M			1,568	(7)		(5)	Common Stock	1,568	\$0	1,829		D		
Restricted Share Units	\$0 ⁽³⁾	03/23/2023			M			1,043	(8)		(5)	Common Stock	1,043	\$0	3,390		D		
Restricted Share	\$0 ⁽³⁾	03/23/2023			М			738	(9)		(5)	Common	738	\$0	4.183		D		

Explanation of Responses:

1. Shares acquired on vesting of restricted share units

03/23/2023

2. Shares withheld for payment of tax liability.

\$0⁽³⁾

3. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.

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4. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 22, 2024, 20% vest on March 22, 2025, 30% vest on March 22, 2026, and the remaining 35% vest on March 22, 2027.

(10)

5. Not applicable.

Units Restricted

Units

- 6. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 15, 2020, 20% vest on March 15, 2021, 30% vest on March 15, 2022, and the remaining 35% vest on March 15, 2023.
- 7. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 11, 2021, 20% vest on March 11, 2022, 30% vest on March 11, 2023, and the remaining 35% vest on March 11, 2024.
- 8. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 17, 2022, 20% vest on March 17, 2023, 30% vest on March 17, 2024, and the remaining 35% vest on March 17, 2025.
- 9. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 23, 2023, 20% vest on March 23, 2024, 30% vest on March 23, 2025, and the remaining 35% vest on March 23, 2026.
- 10. Vesting of these RSUs is contingent upon continued service at the time of vesting and the achievement of certain performance criteria. The performance criteria will be established on an annual basis by the Compensation Committee of the Board of Directors. Up to 15% vest on March 23, 2023 for the period January 1, 2022 through December 31, 2022; up to 20% vest on March 23, 2024 for the period January 1, 2023 through December 31, 2023; up to 20% vest on March 23, 2025 for the period January 1, 2024 through December 31, 2024; up to 20% vest on March 23, 2026 for the period January 1, 2026 through December 31, 2025; and up to 25% vest on March 23, 2027 for the period January 1, 2026 through December 31, 2026. Vesting is determined based on actual performance. The performance criteria for the period January 1, 2026 through December 31, 2025; and up to 25% vest on March 23, 2027 for the period January 1, 2026 through December 31, 2026. Vesting is determined based on actual performance. The performance criteria for the period January 1, 2026 through December 31, 2026 thr January 1, 2022 through December 31, 2022 was achieved; therefore 15% of the awards vested on March 23, 2023.

Commo

Stock

1.845

\$0

(5)

10,458

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.