FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

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1. Name and Address of Reportin				ier Name <b>and</b> Ticke ALTHSTREA				(Ched	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner					
(Last) (First) (Middle) 500 11TH AVENUE NORTH SUITE 1000				e of Earliest Transa /2020	ction (M	Ionth/I	Day/Year)	x	below)	Officer (give title below)  CEO  Other (specify below)				
(Street) NASHVILLE TN		4. If Ar	mendment, Date of	Origina	l Filed	(Month/Day/\	Line)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person						
(City) (State)	(Zip)													
1. Title of Security (Instr. 3)	Table I - No	n-Deriva		Securities Acq	uired,	Dis				5. Amount of	6. Ownership	7. Nature of		
1. The of Security (IIIsh. 3)		Date (Month/Da	ay/Year) Execution Date, Track any C		Transaction Code (Instr. 3, 4 5)					Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)		
					Code	٧	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				
Common Stock										5,008,283	D			
Common Stock										10,000	I	The Carolyn Marie Frist 2005 Vested Trust		
Common Stock										10,000	I	The Cate Merriman Frist 2005 Vested Trust		
Common Stock										10,000	I	The Eleanor Knox Frist 2005 Vested Trust		
Common Stock										0	I	By grantor retained annuity trust (1)		
Common Stock										18,335	I	Louise Trust u/a/d 08- 16-2007		
Common Stock										18,334	I	Merriman Trust u/a/d 08- 16-2007		
Common Stock										18,334	I	Marie Trust u/a/d 08- 16-2007		
Common Stock										18,334	I	Knox Trust u/a/d 08-		

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock								435,000	I	Bobby and Melissa Frist Children's 2012 GST- Exempt Trust

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		5. Nun of Deriva Securi Acquii (A) or Dispos of (D) (Instr. and 5)	tive ities red sed 3, 4	Expiration Da	Expiration Date  Month/Day/Year)  Compared to the second s		Amount of Securities		ount of urities Security (Instr. 5) ivative Security		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Restricted Share Units	\$0.00 <sup>(1)</sup>	03/11/2020		A		5,729		(2)	(3)	Common Stock	5,729	\$0.00	5,729	D			

## **Explanation of Responses:**

- 1. Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.
- 2. The RSUs are subject to a four year vesting schedule, contingent upon continued service at the time of vesting. 15% vest on March 11, 2021, 20% vest on March 11, 2022, 30% vest on March 11, 2023, and the remaining 35% vest on March 11, 2024.
- 3. Not applicable.

## Remarks:

Robert A. Frist, Jr. 03/12/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.