FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPRO	OVAL				
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Jahangir Amir Alex</u>		2. Date of Event Requiring Statement (Month/Day/Year)		3. Issuer Name and Ticker or Trading Symbol HEALTHSTREAM INC [HSTM]						
(Last) (First) (Mid 500 11TH AVENUE NORTH SUITE 1000	,	05/30/2023		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title below) Other (specify below)		wner	If Amendment, Date of Original Filed (Month/Day/Year) Individual or Joint/Group Filing			
(Street) NASHVILLE TN 372	203					'		(Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One		
(City) (State) (Zip))							Reporting F	Person	
	Tab	ole I - Non-	-Derivati	ve Securities Benefic	cially Ov	vned				
1. Title of Security (Instr. 4)				3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)				
1. Title of Security (Instr. 4)				2. Amount of Securities Beneficially Owned (Instr. 4)	Form: D (D) or In	irect direct				
1. Title of Security (Instr. 4) Common Stock Holding				Beneficially Owned (Instr.	Form: D (D) or In	irect direct . 5)				
			erivative	Beneficially Owned (Instr. 4)	Form: D (D) or In (I) (Instr	irect direct . 5)	Owne			
	(e.g.,		erivative s, warrar	Securities Beneficiants, options, convert	Form: D (D) or In (I) (Instr	irect direct . 5)	Ownersion			

Explanation of Responses:

/s/ A. Alex Jahangir

06/13/2023

** Signature of Reporting

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY

KNOW ALL MEN BY THESE PRESENTS, that Amir Alex Jahangir has made, constituted and appointed, and by these presents does make, constitute and appoint Scott Roberts, Amelia Emmert, or Rory Spurlock as its true and lawful attorney-infact, for its and in its name, place and stead, and for its use and benefit, to do all things and to execute all documents necessary to ensure compliance with Section 16 reporting requirements associated with my relationship with HealthStream, Inc.

It is my intention by this instrument to grant unto said attorney-in-fact full power and authority to do and perform all and every act and thing whatsoever to accomplish the foregoing grant of power as shall be necessary to be done on my behalf as fully to all intents and purposes as I might or could do if I was present in person.

This power of attorney may be revoked by the undersigned only by specific revocation endorsed or written hereon, and until such revocation be endorsed or written hereon, all persons may rely upon this power of attorney as being in full force and effect.

IN WITNESS WHEREOF, I have hereunto set my hand, the 8th day of June, 2023.

/s/ Amir Alex Jahangir

Amir Alex Jahangir